

THINC-it[®]

A simple, quick and effective way to screen for cognitive dysfunction in depression



thinc.progress.im



Why screen for cognitive dysfunction in depression?

THINC-it®: a **simple, quick and effective** way to screen for cognitive dysfunction in depression

THINC-it® provides results to physicians that are **simple and easy to interpret**

Cognitive impairment in depression is common¹



of the time during depressive episodes



of the time during remission



52% of depressed patients report that cognitive difficulty severely interferes with their occupational functioning²

For use in primary and secondary care

Each test takes **2 minutes** to complete



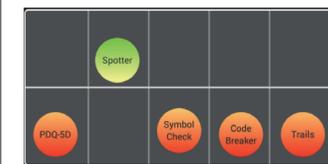
FREE to download at <http://thinc.progress.im/en>

It tests **different domains** of cognitive function affected in depression³



Includes 4 objective tests and a self-reported measure of cognitive dysfunction

Data are compared with average scores in healthy individuals



Results are presented as a simple traffic light system

Validated to screen for cognitive dysfunction in adults with depression⁴

VALIDATED



SPOTTER
(Based on Choice Reaction Time task)



SYMBOL CHECK
(Based on n-back working memory test)



CODE BREAKER
(Based on Digit Symbol Substitution Test)



TRAILS
(Based on Trail Making Test B)



PDQ-D5
(Perceived Deficits Questionnaire for Depression 5-item version)

References

1. Conradi HJ et al. Psychol Med 2011;41:1165-74.
2. Lam RW et al. Depress Res Treat 2012;2012:630206.
3. Harrison JE. In: McIntyre RS, ed. Cognitive Impairment in Major Depressive Disorder. Clinical Relevance, Biological Substrates, and Treatment Opportunities. Cambridge: Cambridge University Press, 2016: 229-41.
4. <https://clinicaltrials.gov/ct2/show/NCT02508493>.